

SENIOR BEHAVIORAL HEALTH

AT CHESTNUT HILL HOSPITAL

INFORMATION FOR PROSPECTIVE PATIENTS AND THEIR FAMILIES



WELCOME

Welcome to Chestnut Hill Hospital's Senior Behavioral Health Unit (SBHU). The SBHU is a 20-bed inpatient care unit serving adults 65 years or older who voluntarily seek behavioral health services and require a short inpatient stay. Treatment is available for a variety of conditions including, but not limited to depression, psychosis, bipolar disorder and anxiety. Our entire staff is committed to providing individualized, quality and compassionate care during your time away from home.

MEDICAL SCREENING

SBHU patients are admitted through the Emergency Department (ED) at Chestnut Hill Hospital. In the ED, you can expect a medical clearance process that includes a screening exam and possible lab work, urine testing, and X-rays/CT scans to rule out acute medical emergencies. This process takes approximately three hours. ED providers may ask questions about medical and/or psychiatric history to evaluate you. After receiving clearance to leave the ED, you will be transported to the SBHU as soon as possible.

INPATIENT STAY

You may be assigned a private room, or semi-private room with a roommate. We recommend bringing two or three sets of labeled loose-fitting clothing without strings. Jewelry, valuables and electronic devices are not permitted in the SBHU. Personal hygiene products are provided. The average stay is seven to 10 days. We continuously work on a safe discharge plan and begin this work upon your arrival.

P: 215.248.8331
F: 215-248-8942



Chestnut Hill Hospital

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COMMUNICATION

We believe it is important to include you and your loved ones in the decisions about your care. We ask you to identify one contact person to help ensure accurate communication.

Your contact person can expect updates from either a psychiatric nurse practitioner, medical co-manager, or psychiatrist, within the first 24 hours of admission and at least once a week. Updates may include any major medication changes, or changes in condition. Nursing staff can be reached 24 hours a day at 215-248-8331.

A family meeting will be offered during your stay, either onsite or via telephone conference call. You can also expect social work staff to contact you within 72 hours of admission and at least once a week for updates, including within 48-72 hours of any planned discharge.

SBHU AT CHESTNUT HILL HOSPITAL

The Senior Behavioral Health unit is comprised of other patients that have various mental and medical conditions, including many who may need assistance with activities of daily living (e.g., eating, bathing, walking) and/or have various forms of dementia.

While televisions and phones are not permitted in patient rooms, there are two rooms with televisions, and phones available for patient use, outside of group therapy time.



SBHU Program Services:

- Individual and Group Therapy
- Group and Creative Arts Therapy
- Anger and Stress Coping Skills
- Medication Education and Behavioral Management
- Discharge Planning and Coordination
- Family Education

VISITING HOURS

For your safety, visits on the unit are in public areas and limited to two individuals at a time. All food and drink items are prohibited. Visiting hours are Monday–Friday from 12 to 1:30 p.m. and 5 to 6:30 p.m. Weekends and holidays, from 2 to 6:30 p.m.

THANK YOU

At the end of your stay please complete a survey to give feedback so we can improve. If any issues arise during your stay, please reach out to us right away by calling 215-248-8331. It is our goal to alleviate and/or decrease the presenting symptoms to the best of our abilities, using a multidisciplinary team and holistic approach.

The Joint Commission
Gold Seal of Approval



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